

NORTH COUNTY AQUATICS PROGRAMMING

PASO ROBLES SPORTS CLUB

NCA is excited to offer a fun, challenging, and goal oriented swim program for swimmer's 4 and over at the Paso Robles Sports Club. Our goal is to offer a high quality swim program directed by professional swim coaches. Swimmers can participate recreationally or can choose to participate in swim meets.

Swim Assessments: M-TH at 4:30pm. Forms are available on deck or on our website at www.northcountyaquatics.org try the program out for a free one week trial.

Programming:

- **Dragon Pond 1: 4:30-5:00pm M-TH**
Ages 4-8 \$85 per month
- **Dragon Pond 2: 5:00-5:30pm M-TH**
Ages 4-8 \$85 per month
- **Dragon Pond 3: 5:30-6:00pm M-TH**
Ages 4-10 \$85 per month
- **Little Dragons: 4:45-5:15pm M-TH**
Ages 4-10 \$80 per month
- **White Dragons: 5:15-5:45pm M-TH/5:45-6:30pm M-TH**
Ages 4-10 \$75 per month
- **Blue Dragons: 4:45-6:30pm M-F**
Ages 6-12 \$70 per month
- **Bronze Dragons: 4:15pm-5:30 M-F**
Ages 8-14 \$75 per month
- **Silver Dragons: 4:15-5:45pm M-F**
Ages 10-14 \$85 per month
- **Platinum Dragons: 4:30-6:30pm / Dryland MWF 4-4:30pm / AM's**
Ages 12-18 \$100 per month

Paso Robles Sports Club members receive an additional discount.

Make sure to pick up the "3 Easy Steps to join NCA" to help you get started. For more detailed programming information visit our website at www.northcountyaquatics.org or call Head Coach Heather Moffitt at 805-286-6982.

NORTH COUNTY AQUATICS

3 EASY STEPS TO JOIN

1. **SWIM ASSESSMENT:**

Paso Robles Sports Club M-Th 4:30pm or call for different time

*Bring with you a \$50 refundable deposit written out to “**NCA**”, goggles, towel, flip flops, and a good attitude. Swim Assessment Forms will be filled out on pool deck.

2. **FREE WEEK TRIAL:**

*Your swimmer can try the group that they have been assessed to for a free trial week starting the day of assessment.

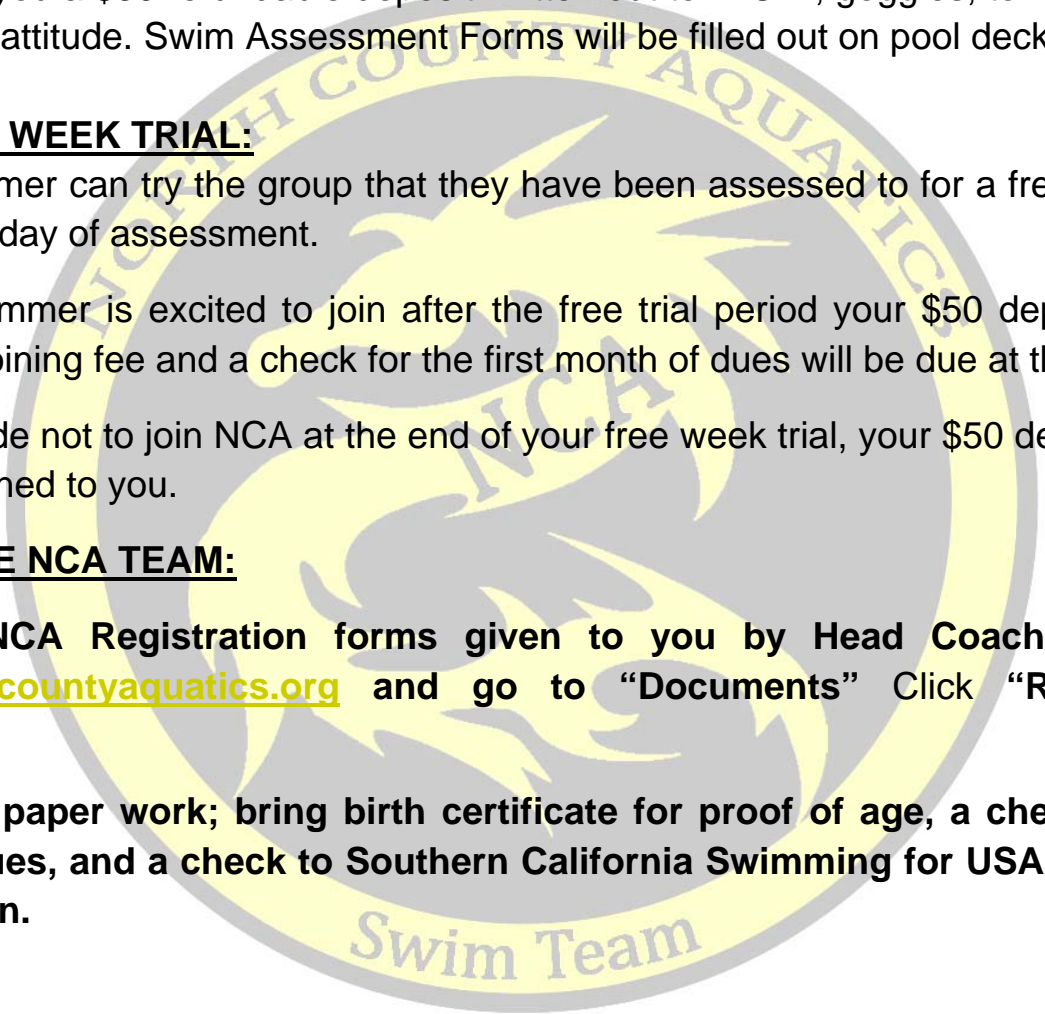
*If your swimmer is excited to join after the free trial period your \$50 deposit will be applied to joining fee and a check for the first month of dues will be due at this time.

*If you decide not to join NCA at the end of your free week trial, your \$50 deposit check will be returned to you.

3. **JOIN THE NCA TEAM:**

*Fill out NCA Registration forms given to you by Head Coach or go to www.northcountyaquatics.org and go to “Documents” Click “Registration Packet”.

*Complete paper work; bring birth certificate for proof of age, a check for first month’s dues, and a check to Southern California Swimming for USA Swimming Registration.



WAIVER AND LIABILITY OF RELEASE

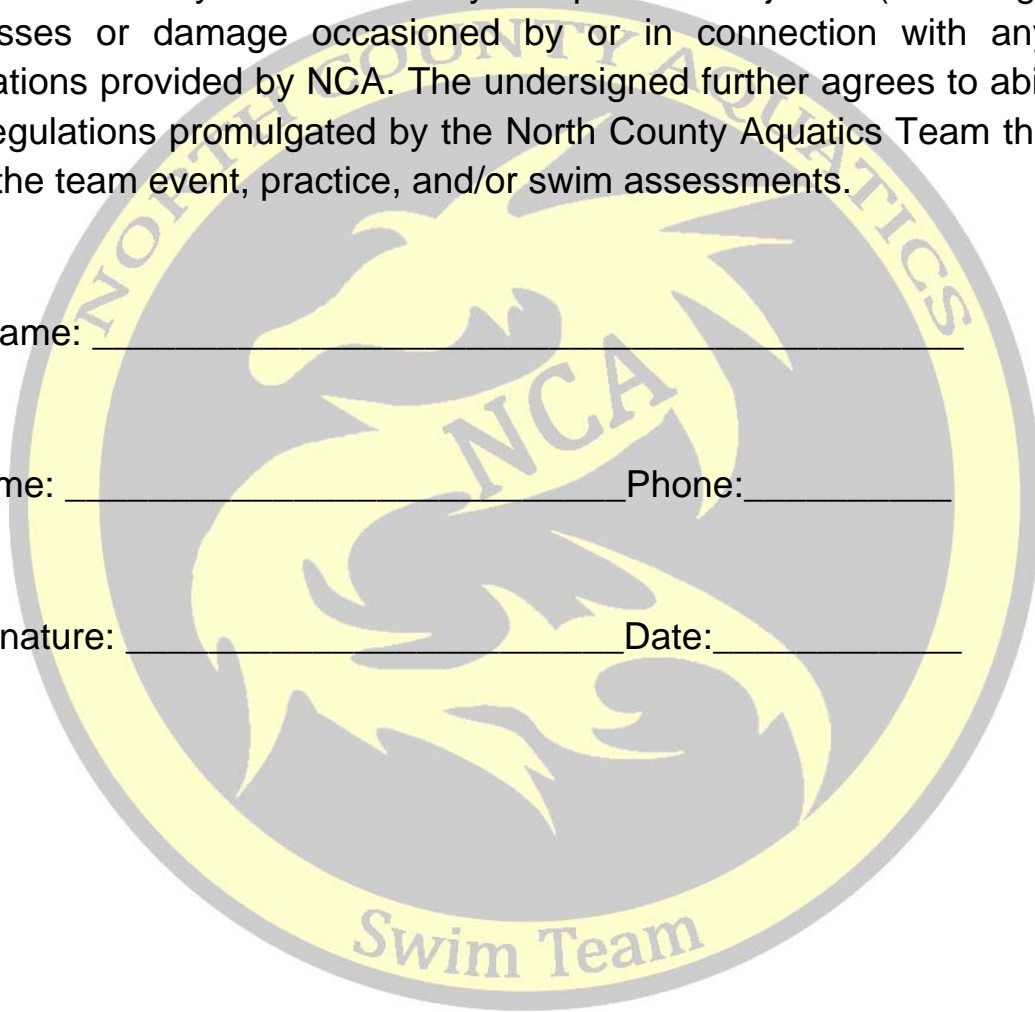
Intending to be legally bound hereby, the undersigned agrees and does hereby release from liability and to indemnify and hold harmless the NCA Team regarding participation in team events, practice, and / or swim assessments.

This release is for any and all liability for personal injuries (including death) and property losses or damage occasioned by or in connection with any activity or accommodations provided by NCA. The undersigned further agrees to abide by all the rules and regulations promulgated by the North County Aquatics Team throughout the duration of the team event, practice, and/or swim assessments.

Swimmer Name: _____

Parents Name: _____ Phone: _____

Parents Signature: _____ Date: _____



NCA SWIM TEAM NEW SWIMMER ASSESSMENT FORM

Thank you for your interest in the NCA, premier youth aquatics team. You can expect a coach to give your child a variety of skill tests to ensure proper placement in one of our age group or race programs. The assessment usually takes 5 to 10 minutes to complete. Coaches will be available for questions after the assessment period. NCA offers a free 1-week try-out period.

Required Gear and Information for the assessment:

- * A smile and great attitude!
- *Swim suit, goggles, and a towel
- *Completed assessment form

***Bring a \$50 check written to "NCA".** This check will only be cashed and applied to your account after you register for the swim team. If you do not wish to join after your 1-week trial, your check will be returned to you.

The Head Coach will provide you with the New Member Packet that contains important information about membership. Should you have questions regarding registering online, or any other swim team questions, please contact Heather Moffitt at 805-286-6982.

NCA Swim Assessment Form:

Date: ___/___/___ Email: _____

Swimmer Name: _____ DOB: ___/___/___ Age: _____

Parent Name: _____ Phone: _____

Address: _____

Emergency Contact: _____ Phone: _____

Any Medical Conditions: _____

Coaches Group Assessment Level:

Level 1 / Level 2 / Level 3 / Little Dragons / White Dragons / Blue Bronze / Silver / Platinum

Comments: _____
